



Il futuro del Counseling in Europa e nel mondo Occidentale

Laura Nota

Psicologi e futuro

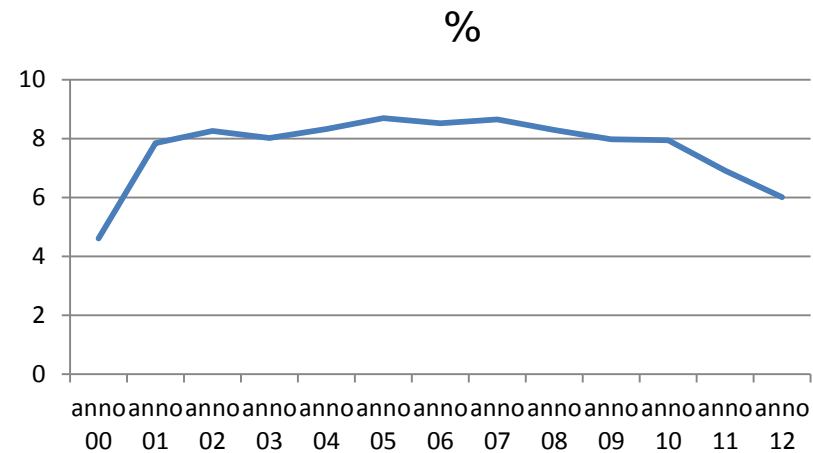


- **40% con posti fissi**
- **Più attività (psicologiche?) contemporaneamente**
- **Aggiornamento nel tempo (+ specializzazioni)**

- *Ecco i top ten: 1. Career or Vocational Counselor (Average Salary: \$46,000); 2. School Psychologist (Average salary: \$59,440); 3. Counselor (Average Salary: \$47,530); 4. Genetics Counselor (Average salary: \$71,100); 5. Forensic Psychologist (Average Salary: \$59,440); 6. Engineering Psychologist (Average Salary: \$79,818); 7. Clinical Psychologist (Average Salary: \$63,000); 8. Sport Psychologist (Average Salary: \$45,000 to \$80,000); 9. Industrial-Organizational Psychology (Average Salary: \$97,820); 10. Special Education Teacher (Average Salary: \$47,650).*

Counseling nelle riviste scientifiche *psicologiche*

- **PsycINFO® dal 2000 al 2013**
 - **24105** con la parola counseling
 - **1198** con la parola psychological counseling
- Community counseling
- Cross cultural counseling
- Educational counseling
- Genetic counseling
- Group counseling
- Marriage counseling
- Multicultural counseling
- Pastoral counseling
- Peer counseling
- Premarital counseling
- Psychotherapeutic counseling
- Rehabilitation counseling
- School counseling



Counseling nelle riviste scientifiche *educative*

- **Eric (Educational Resources Information Center) dal 2000 al 2013**

- **19351** con la parola **counseling**
- **5511** con la parola **psychological counseling**

- Counseling techniques
- intervention
- Counselor training
- Outcome of treatment
- School counselor
- Counseling effectiveness
- Career Counseling
- Counselor client relationship
- Counselor role
- Family counseling
- Prevention
- Counseling services
- Mental disorders
-

Una media di
circa 1600 articoli
l'anno

Journal

- [Journal of Counseling & Development](#)
- [Professional School Counseling](#)
- [Journal of Counseling Psychology](#)
- [Counseling Psychologist](#)
- [Journal of Consulting and Clinical Psychology](#)
- [Cognitive and Behavioral Practice](#)
- [Rehabilitation Counseling Bulletin](#)
- [Career Development Quarterly](#)
- [Family Journal: Counseling and Therapy for Couples and Families](#)
- [Journal of Multicultural Counseling and Development](#)
- [British Journal of Guidance & Counselling](#)
- [Journal for Specialists in Group Work](#)
- [Counseling and Values](#)
- [Suicide and Life-Threatening Behavior](#)
- [Counselor Education and Supervision](#)
- [Journal of College Counseling](#)
- [Journal of Marital and Family Therapy](#)
- [Journal of Employment Counseling](#)
- [Measurement and Evaluation in Counseling and Development](#)
- [Journal of Interpersonal Violence](#)
- [Journal of School Counseling](#)
- [Journal of Creativity in Mental Health](#)

- [Journal of Humanistic Counseling, Education and Development](#)
- [Journal of the American Academy of Child and Adolescent Psychiatry](#)
- [Journal of College Admission](#)
- [New Directions for Student Services](#)
- [Death Studies](#)
- [Psychology in the Schools](#)
- [Journal of Clinical Child and Adolescent Psychology](#)
- [Journal of the American Academy of Child & Adolescent Psychiatry](#)
- [Journal of College Student Psychotherapy](#)
- [Behavior Modification](#)
- [Canadian Journal of Counselling](#)
- [Child Abuse & Neglect: The International Journal](#)
- [Art Therapy: Journal of the American Art Therapy Association](#)
- [International Journal of Behavioral Consultation and Therapy](#)
- [Research on Social Work Practice](#)
- [Journal of Career Assessment](#)
- [School Psychology International](#)
- [International Journal for the Advancement of Counselling](#)
- [Journal of Offender Rehabilitation](#)
- [Journal of Abnormal Child Psychology](#)
- [American Psychologist](#)
- [Family Relations](#)
- [Journal of Career Development](#)
- [Journal of Addictions & Offender Counseling](#)
- [NACADA Journal](#)
- [Journal of Child Psychotherapy](#)
- [Journal of Mental Health Counseling](#)
- [Journal of Adolescence](#)

Dove lavorano gli autori, gli editors, ecc.



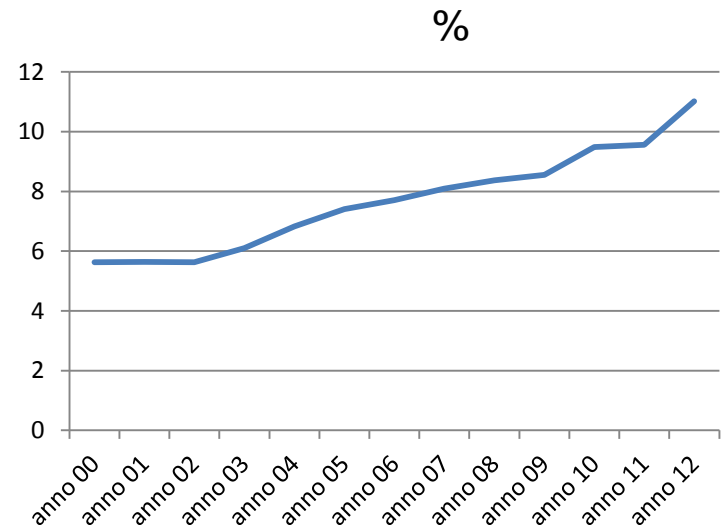
- **Counselor education program, Counseling program**
- **Department of Counseling and College Student Personnel**
- **Department of Counseling**
- **School of Education**
- **Counselor Education Department**
- **Department of Counselor Education, Counseling Psychology, and Rehabilitation Services**
- **Department of Counseling Educational Psychology**
- **Department of Educational Psychology, Counseling, and Special Education**
- **Department of Educational and Human Sciences**
- **Department of Individual, Family and Community Education**
- **.....**

Counseling nelle riviste scientifiche mediche

- **PubMed dal 2000 al 2013**

- **45290** con la parola counseling
- **5036** con la parola **psychological counseling**
- 458 counseling & Other animals

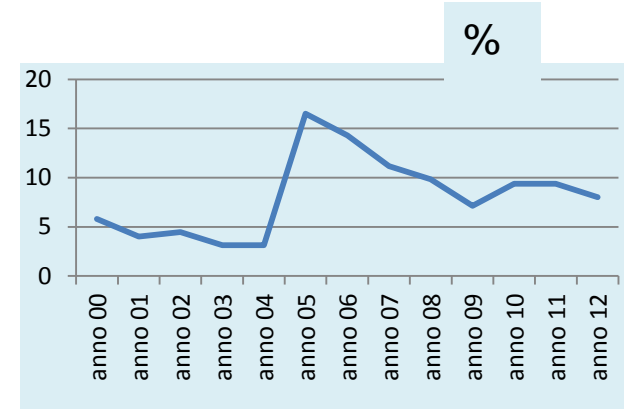
- Genetic counseling
- Education counseling
- Nutrition counseling
- Discharge counseling
- Patient counseling
- Pharmacist counseling
- Contraceptive counseling
- Cancer genetic counseling
- Hiv counseling
- Smoking cessation counseling
- Dietary counseling
- Behavioral counseling
- Telephone counseling
-



Counseling nelle riviste scientifiche *economiche*

- **EconLit dal 2000 al 2013**

- **243** con la parola counseling



- The Success and Failure of Counseling Agency Debt Repayment Plans
- Exploring the Design of Financial Counseling for Mortgage Borrowers in Default (per mutuatari ipotecari in sofferenza)
- Analysis of Mortgage Default Clients and Mortgage Default Counseling at a Housing Counseling Agency
- Pre-purchase Homebuyer Education and Counseling: Diverse Strategies for Diverse Homebuyers
- The Impact of Credit Counseling on Subsequent Borrower Behavior
- Pharmacist counseling
- Financial Education and Counseling--Still Holding Promise
- Does Homeownership Counseling Affect the Prepayment and Default Behavior of Affordable Mortgage Borrowers?
- To Fee or Not to Fee: Pricing Policies in Financial Counseling
- Credit Counseling to Help Debtors Regain Footing
- A New Model for Retirement Education and Counseling
- Unsafe Abortion in Tanzania and the Need for Involving Men in Postabortion Contraceptive Counseling

-

Counseling nelle riviste scientifiche *economiche*

- Eastern Economic Journal
- Journal of Family and Economic Issues
- Financial Counseling and Planning
- Consumer Knowledge and Financial Decisions: Lifespan Perspectives
- Journal of Consumer Affairs
- Journal of Policy Analysis and Management
- Financial Services Review
- Journal of Real Estate Finance and Economics
- Journal of Housing Economics
-

Counseling nelle riviste scientifiche - *data base di farmacia*

- **Toxnet – dart Search Results dal 2000 al 2013**

- **224** con la parola counseling

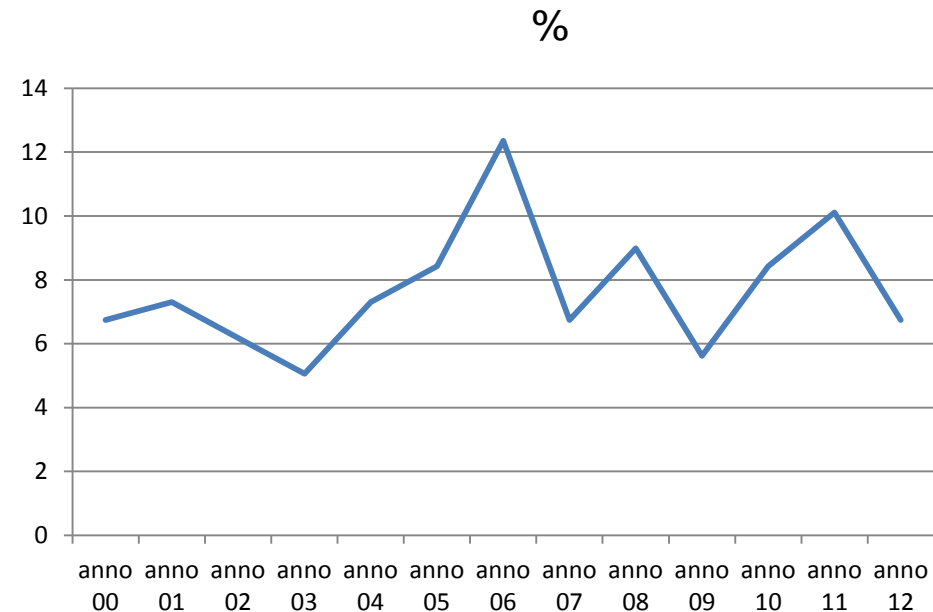
- Genetic counseling
- Counseling
- Preventive counseling
- Directive counseling
- Counseling/education
- Counseling/method

Riviste

- Teratology
- Birth Defects Res Part A Clin Mol Teratol
- Am J Obstet Gynecol
- Reprod Toxicol

Counseling nelle riviste scientifiche - *data base di filosofia*

- **The Philosopher's Index dal 2000 al 2013**
 - **180** con la parola counseling
 - Counseling filosofico



Network Nice: Dove viene realizzata la formazione in counseling in Europa?



Diagram 1: In which faculty/department is your study course situated?

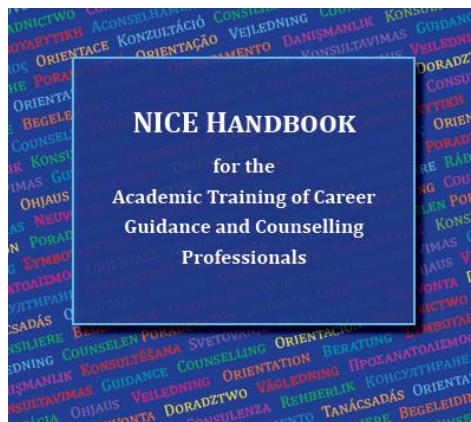
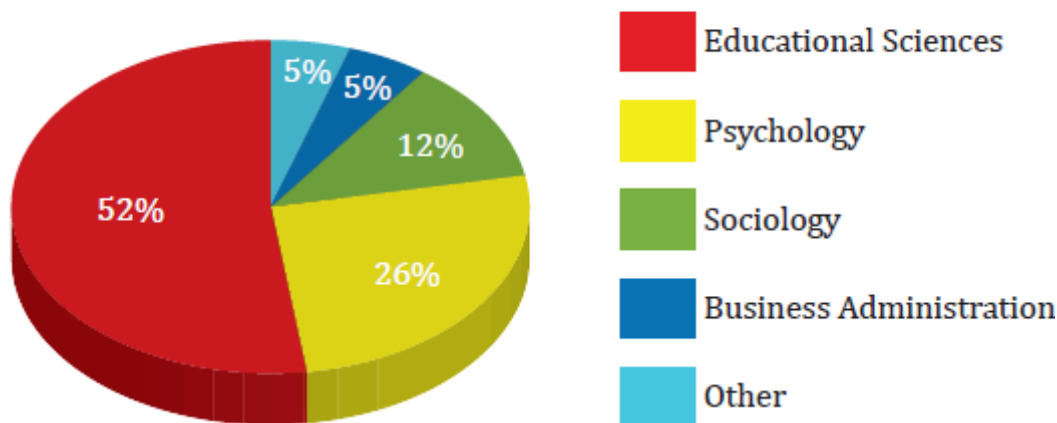


TABLE 3.1
Universities, which offer study programs with main-topic „career guidance and counselling“.

HEI offering Bachelor programmes	
absolute	4
percentaged	13 %
HEI offering Master programmes	
absolute	14
percentaged	44 %
HEI offering Postgraduate Qualifications	
absolute	11
percentaged	34 %

Associazioni americane



- **American Counseling Association**

- Council for Accreditation of Counseling and Related Educational Programs (Council for Higher Education Accreditation)
- Contenuti: addiction counseling; career counseling; clinical mental health counseling; marriage, couple, and family counseling; school counseling; and student affairs and college counseling.
- CACREP accredita anche corsi di dottorato e programmi di supervisione
- Gli standard CACREP sono numerosi e specifici: 165 abilità standard core e 60 specifiche.

The Council for Accreditation of
Counseling and Related Educational
Programs: Promoting Quality in
Counselor Education

Robert I. Urofsky 2013

- **American School Counselor Association**

- **American Rehabilitation Counseling Association**

Associazioni Europee



European Association for Counseling

Training Requirements

- 450 ore di formazione (teorie e abilità)
- Un minimo di 50 ore centrate sullo sviluppo personale
- 450 di supervisione della pratica di counseling

Declino delle professioni con status....



“...con l’espansione della ‘knowledge economy’, del settore dei servizi,ci sono molte occupazioni nel mercato del lavoro che richiedono educazione ed expertise. Educazione, formazione e ‘orientamento al servizio’ non distinguono più alcune professioni da altre. Anche le più tradizionali professioni come quelle associate a medicina e a legge sono in cambiamento....Occupazioni non considerate tradizionalmente professioni, come quelle del management, stanno diventando professioni dominanti, pronte ad usurpare l’autonomia e l’autorità di quelle tradizionali.” (p. 50, Tracey A., 2010)

Temi dibattuti

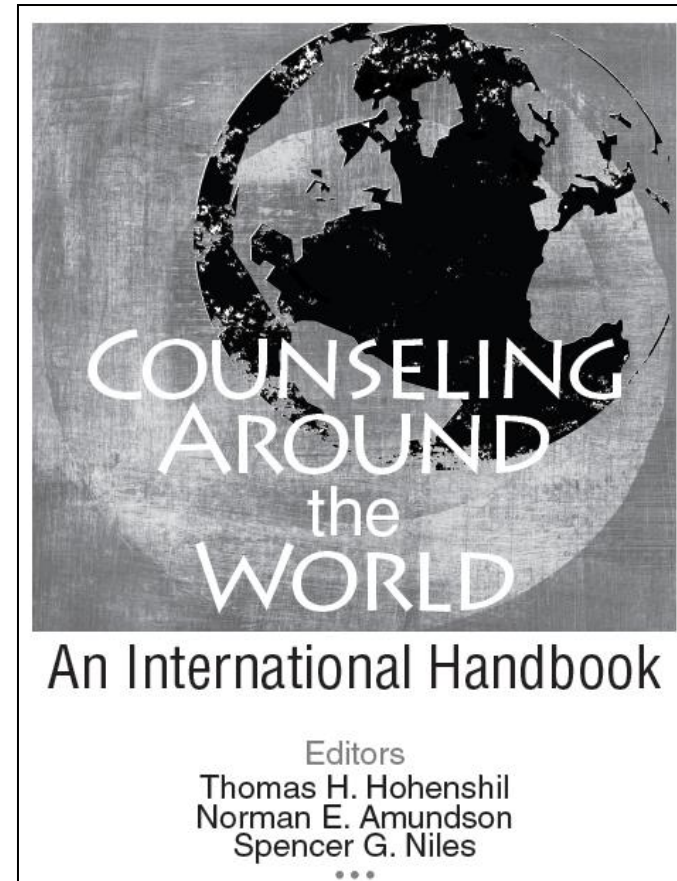
- Sviluppo dell'identità
- Collaborazione fra le associazioni per una agenda di lavoro comune a vantaggio del counseling professionale
- Collaborazioni con professioni 'sorelle' (psicologi, coach, assistenti sociali, educatori, personale medico, ecc.)
- Promuovere ricerche specifiche (outcome, formazione, inserimento lavorativo dei consulenti, ecc.)
- Promozione dello sviluppo umano grazie alla prevenzione e al benessere

**A Vision for the Future of Counseling:
The 20/20 *Principles for Unifying and
Strengthening the Profession***

David M. Kaplan and Samuel T. Gladding 2011

Temi dibattuti

- Formazione di elevata qualità
- Aggiornamento riconosciuto
- Dottorati e ricerca
- Controllo di qualità della formazione e supervisione
- Sviluppo di capacità e atteggiamenti utili a fronteggiare i compiti di una professione in evoluzione e le difficoltà socio-economiche attuali (spiritualità, resilienza, ecc.)



In press

(May See & Ng, 2010; Grabosky, Ishii & Mase, 2012; Stloukd & Wichnan, 2012)

Verso il futuro.....



“...nuovi archetipi per cosa caratterizza l’educazione, la vita lavorativa, la vita familiare, lo sviluppo umano salutare, l’empatia, la filantropia, la felicità”, Kurt L. Kraus , 2012

“Molte persone necessiteranno di aiuto per prendere decisioni associate alla vita quotidiana...credo che il counseling diventerà sempre più importante” David Pearce Snyder, 2012

“Il consulente artificiale diventerà la ‘prima linea’”, David Pearce Snyder, 2012

“...attenzione ai punti di forza, a visioni olistiche, e a modelli che considerano il benessere e la qualità della vita..”, Barbara Herlihy, 2012

“Bilanciamento vita familiare e professionale, decisioni vantaggiose per la salute, processi di invecchiamento di qualità...”, Summer M. Reiner , 2012

“La prevenzione è smart business, e favorisce la preparazione di lavoratori e cittadini più sani e felici....l’educazione è una necessità economica...si sta introducendo il biofeedback nelle scuole per favorire l’apprendimento”, Thomas Sweeney, 2012

“Enfasi sugli approcci positivi che combattono e permettono di ‘andare oltre’ le emozioni negative, come paura, tristezza, ecc.”, Allen E. Ivey, 2012

“online counseling and supervision,” S. Kent Butler , 2012