

# **“Life Designing Dialogues”**

*Program and objectives of the July 7, 2014 working session on  
“Dialogues for self-construction”*

## **1. A presentation of the counselling dialogues for self construction**

- Oral presentation Jean Guichard: 45 minutes. This introduction will mainly present the part 2 and the conclusion of the attached document “life designing dialogues”
- Another example of counselling dialogues for self construction (oral presentation by Jacques Pouyaud: 25 minutes)

## **2. Discussion on the following topic:**

- These two presentations intend to outline a framework for the implementation of such dialogues for self-construction.
- Such a framework could serve as a basis for a work in common the purpose of which would be to think how these dialogues (or sequences) could be adapted to various particular contexts of the participants who would be interested in using it.
- If they are, how to observe and describe the processes of changes they should induce in the clients narratives?

## **3. Participants who are interested could later:**

- Implement such dialogues for self construction (or sequences of such dialogues)
- Record them (or video record them)
- Analysis them.
- The core questions of this analysis would be:
  - What changes occur during these counselling sessions?
  - What are the precise elements that determine these changes? (an accurate description of what happened then – or what was exactly said - is needed)
- An important methodological question should also be developed:
  - How to analyse best these dialogues so as to observe these changes?
  - Could different ways of analysing them lead to a same conclusion?

4. **All this work could possibly result later in the publication of a special issue of a review or** of a book on this topic, a publication which would present notably the various methodologies and different case studies and precise the elements that have either promoted or prevented the changes.





