



## ***IAPA Bulletin, Summer 2013*** Bernardo J. Carducci, Editor

### ***Message from the President***

*Aloha* IAPA Members,

I hope this issue of the *IAPA Bulletin* finds you in good spirits. As my greeting would suggest, I am already getting into the “*aloha spirit*” in anticipation of the 2013 APA meeting in Honolulu, Hawai‘i. Helping to put me in the *aloha spirit* is planning the IAPA/APA Dinner gathering scheduled for **Tuesday, July 30, 2013**. When planning our annual dinner gathering, it has been my practice to try to avoid the national chain restaurants by searching for restaurants that are locally owned and operated by individuals with some sense of history and connection to the community. I also try to find restaurants featuring more of a family atmosphere than those featuring a reputation for serving high-end cuisine. In my view, such high-end-cuisine restaurants are more suited to elegant or romantic dining experiences, not the more informal social gatherings characteristic of the IAPA dinners.

For the IAPA dinner gatherings, I try to find restaurants that will help us to create the type of family dining experience many of the IAPA members speak of with such fond memories as they were growing up. I also seek out restaurants that will help us to facilitate what we do best at these dinner gatherings—eat, talk, and relax. In addition, I also prefer local family businesses because their owners are typically more accommodating to our requests for greater flexibility in menu options and paying with separate checks. Believe me, as someone who has organized many groups dinners, having the option to pay by separate checks is a real bonus in my book.

Well, having said all of this, it pleases me to report that the 2013 IAPA/APA Dinner will be held at Auntie Pasto's. Auntie Pasto's is a locally owned business that has been operating for over 30 years. Prior to making my decision, I had a phone conversation with Isaiah Delsi, a co-owner of the restaurant, to explain some of the specific requests for our dinner, including paying by separate checks. After hearing what I had to say, Isaiah said, “We can do this for you!” Just to make sure Isaiah had a complete sense of what he was getting himself into, I also e-mailed him a copy of the *IAPA Bulletin, Fall 2012* containing a complete description of our dinner in Orlando. After reading about the dinner, Isaiah's response to me was “We cannot wait to serve your group of distinguished psychologists.”

Helping to reinforce my choice, here is what IAPA member and Honolulu resident Susana Helm told me about Auntie Pasto's:

*Yes, I know Auntie Pasto's. Their wait staff is very friendly. It is a family restaurant, so very affordable. It can be very loud because the kitchen is not enclosed (just separated by half wall), which means we will be free to make as much noise as we want! The menu offers a variety of appetizers and entrees, so everyone should find the typical Italian-American options. I would not refer to this restaurant as cuisine, rather home-style with basic ingredients. No surprises, so ordering from the menu will be very easy, and food comes out pretty quickly.*

So, after hearing all of this, if you still have not made your reservation to attend the IAPA/APA Dinner gathering, you may do so by contacting me by E-mail at [bcarducc@ius.edu](mailto:bcarducc@ius.edu). When E-mailing your RSVP to me, please include the phrase “2013 IAPA/APA Dinner Reservation” in the subject line. It is also important that you E-mail this information only to me at [bcarducc@ius.edu](mailto:bcarducc@ius.edu), not the entire IAPA listserv by inadvertently pressing “Reply All.”

In addition to the IAPA Dinner gathering, there will be a few other opportunities for IAPA members to socialize. For the first time, the IAPA will be participating in the Social Hour/Hospitality Suite activities sponsored by APA's Division 1: General Psychology and Division 24: Society for Theoretical and Philosophical Psychology. On Saturday, August 3rd from 4:00-5:00 p.m., the IAPA will be represented as part of a “Get to Know Ethnic Psychology Associations—Italian, Armenian, Greek, and Iranian” reception hosted by IAPA member Harold Takoosian. On that same day at 4:00-5:00 p.m. during the Division 1 Awards Ceremony, the IAPA will help celebrate the awarding of the Anne Anastasi General Psychology Graduate Student Award and Anne Anastasi Student Poster Award. Finally, as part of that evening's activities from 6:00-7:00 p.m., the IAPA will host a social

hour. Finally, several IAPA members will be making presentations at the 2013 APA Convention featuring Italian themes. Summaries of these presentations are included elsewhere in this *Bulletin*. I will share more details regarding the times and locations of the IAPA social hour activities and these presentations as they become available. Finally, in a related item, I would like to hear from other IAPA members who will be part of the official 2013 APA Convention Program. Please see the request for information elsewhere in the *Research Notes* section of this *Bulletin*.

I will close in my typical manner by asking you to consider submitting information about your professional awards and activities for listing in the *IAPA Bulletin* in an effort to inspire others to do the same. Such information can be about your efforts at the community, state, regional, national, or international level. As usual, I will also ask you to help to spread the word about the IAPA to your students and colleagues by forwarding copies of the *IAPA Bulletin* to them. An IAPA application is included at the end of the *IAPA Bulletin* for distribution to potential members. I look forward to hearing from you.

Best regards,  
Bernardo J. Carducci,  
IAPA President

### ***IAPA Co-Founder Displays the Aloha Spirit***



“Hawaii: Get Your Lei without Laying Down a Fortune” is the title of an article in *U.S.A. Today*. IAPA Co-founder Anthony Marsella was kind enough to suggest for inclusion in this issue of the *IAPA Bulletin*. The article offers many suggestions to help IAPA members get the most of their time and money while attending the 2013 APA Convention in Hawaii. On behalf of all of the IAPA members you will be helping by bringing this article to our attention, I want say “mahalo” (thank you) for thinking of us. Here is the link to the article: <http://usat.ly/XsS9N7>.  
**Anthony J. Marsella, Ph.D., is Professor Emeritus, University of Hawaii, Honolulu.**

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## ***Causes for Celebration***

### ***IAPA Member to direct \$2.4 Million SAMHSA Grant***

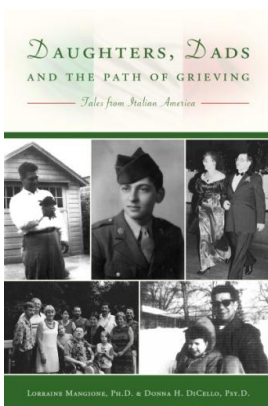
The Department of Health and Human Services Substance Abuse and Mental Health Service Administration (SAMHSA) Center for Mental Health Services has awarded a 2.4 Million, four-year grant to Lutheran Medical



Center/Lutheran Family Health Centers (LFHC) to establish a National Child Traumatic Stress School-Based Treatment and Services Adaptation Center with Dr. Giuseppe Costantino, Ph.D. as the Program Director. According to Giuseppe, “While a few other similar grants were awarded to large and prestigious universities, such as New York University, Yale University, Harvard University, and University of California, Los Angeles (UCLA). Our Center is mandated to collaborate with all other organizations, especially UCLA which also has a School-Based Child Trauma Center. Our School-Based Child Trauma Center will be established within the LFHC School-Based Health Centers and four Public Schools in the Sunset Park Area: PS 1, PS 24, PS 503 and PS 506.” The goal of SAMHSA Project is to identify and provide trauma-focused treatment to approximately 700 children and parents, mostly Hispanic/Latino, with diagnoses of PTSD, as result of domestic and community violence, and acculturation stress in the new country. The project will also provide trauma-focused services to children and families of veterans and military people who are registered in the TRICARE Program. In addition to providing treatment and services, the program is mandated to further validate assessment instruments and treatment modalities, such as the TEMAS Narrative Treatment for these minority children and their parents.

### ***IAPA Members Author Book on Father-Daughter Relations***

IAPA Members Lorraine Mangione, Ph.D., and Donna H. DiCello, Psy.D., are the co-authors of the forthcoming book titled ***Daughters, Dads and the Path of Grieving: Tales from Italian America***, to be released in July 2013 by Impact Publishing, Inc. In a pre-publication release, a summary of the book provided by the Melissa Alberti Froehner, publisher, of Impact Publishing explains:



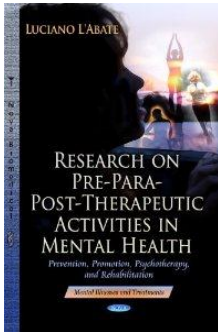
*The Italian sense of family, community, eating well and living well, working hard, religion and spirituality, art and beauty, and the emphasis on intimate connections all come alive in this psychological discussion of fathers and daughters. Daughters, Dads, and the Path of Grief: Tales from Italian America offers itself as a gentle guide for understanding, nurturing, and loving the strong bonds that form the father/daughter relationship, and ultimately finding a way to live through one of the most wrenching experiences of a woman's life—the grief of losing one's father.*

As described later in this ***Bulletin***, Lorraine and Donna will have two symposia presentations based on their research for this book at the 2013 APA meeting in Hawaii. More information about this book is available at the Impact Publishing website at:

[publisher@impactpublishers.com](mailto:publisher@impactpublishers.com).

### ***IAPA Member Publishes 57th Book!***

IAPA member Luciano L'Abate is the author of ***Research on Pre-Para-Post-Therapeutic Activities in Mental Health: Prevention, Promotion, Psychotherapy, and Rehabilitation***, which is being published by Nova Publishers ([www.novapublishers.com](http://www.novapublishers.com)). A description of the book provided by on the publisher's website explains:



*In the past 25 years, the field of psychotherapy has made tremendous leaps and bounds with regard to the efficacy of psychotherapeutic interventions. The entire evidence-based treatment movement has no doubt revolutionized the manner in which psychotherapy is delivered and, according to many, has served to assure the consumer that they are receiving treatment that falls in line with best practices. As part of this movement, treatment has focused on not only recipients of serious mental illness, but also on individuals who simply need assistance with improving personal and social impairments and developing life coping skills. Unfortunately, much of the service delivery in the past has involved very expensive and time-consuming modes of individual, couple, and family therapy that have often extended outside the range of*

*feasibility for many. Consequently, alternative methods of intervention have been explored with the aim of providing less expensive forms of intervention. This unique and timely volume addresses the use of both pre-para-post- and para-post-therapeutic activities, which can be administered prior to the onset of treatment. This may be considered a solid forerunner to the delivery of full fledged psychotherapy which, in some cases, may relinquish the need for the individual to embark on formal treatment. (Imprint: Nova Biomedical)*

### ***IAPA Member Awarded Tenure***

IAPA member Anne E. Pidano, Ph.D. was recently awarded tenure and promoted to associate professor of psychology at University of Hartford in West Hartford, CT. When commenting on this milestone achievement, Anne jokingly stated, "Well, I am no longer the world's oldest assistant professor!"

### ***IAPA Member Named a Co-Editor of Handbook of Psychology***

IAPA member Jack A. Naglieri will serve as a Co-Editor of Volume 10: Assessment Psychology, in Irving B. Weiner's (Editor-in Chief) ***Handbook of Psychology*** (2nd ed. Wiley, 2013). As noted in ***PsycCRITIQUES***, "The ***Handbook of Psychology***, a large and monumental undertaking, succeeds in presenting psychology as it is today..."

## ***IAPA Updates***

### ***In Memory of IAPA Member Lynn Pantano***

Here is an E-mail I was asked to share with other IAPA members.

From: Kenneth A. Skuzenski  
To: Carducci, Bernardo J.  
Subject: Lynn Pantano

I wanted to advise you and all the members of IAPA that sadly, Lynn passed away on January 12, 2013. I also want to thank the membership of IAPA, who have all treated me like a member of the family at all the functions Lynn and I attended over the last several years.

Kenneth Skuzenski

### ***IAPA Welcomes New Member***



The IAPA welcomes Robert M. DaPrato as a new member. Robert is a Professor in the School of Behavioral Sciences at Solano Community College in Fairfield, CA. During his 40 year of experience at Solano Community College, Robert has taught students in psychology, sociology, education, and social science. His interests in psychology include general psychology, social psychology, and human sexuality.

### ***IAPA Members Attend 2013 APA Council Meeting***



IAPA members Harold Takooshian and Luigi Turchetta take some time out of their busy schedule to enjoy a little friendship and offer a “thumbs-up” to the IAPA while attending the February 2013 APA Council of Representatives meeting at the in DC Hyatt. Luigi represents the state of Rhode Island while Harold represents APA’s Division 52: International Psychology.

### ***Italian American Studies Association Seeks Members***



Special thanks to IAPA member Harold Takooshian for providing information regarding the Italian American Studies Association (IASA). More information about the objectives and activities of the IASA is available at their website: [www.italianamericanstudies.net](http://www.italianamericanstudies.net).

### ***APA Division 1 Seeks Chair for 2013 Anne Anastasi Student Poster Award***



• APA Division One •  
The Society for General Psychology

APA Division 1 seeks a Chair for its 2013 Anne Anastasi Student Poster Award in Honolulu, to honor its outstanding Division 1 student presenter in Honolulu. For details, please contact Division 1 Awards Chair Josephine Tan at [jt看@lakeheadu.ca](mailto:jt看@lakeheadu.ca).



## Research Notes

### ***IAPA Members' Presentations at 2013 APA to Focus on Italian Themes***

Although the 2013 APA meeting will feature a South Pacific atmosphere, there will also be several presentations focusing on Italian themes. As part of the 2013 APA program, IAPA members Donna H. DiCello, Lorraine Mangione, Harold Takooshian, and Bernardo J. Carducci will be presenting papers at the conference featuring topics with an Italian theme. Presented below are the titles and abstracts of these presentations.

### ***IAPA Members to Present Symposia featuring Italian Themes at Based on Book***



IAPA Members Donna H. DiCello, Psy.D. (top), and Lorraine Mangione, Ph.D. (bottom), have two symposia presentations on the program for the 2013 APA Convention in Honolulu, HI. Both of these presentations are derived from their forthcoming book titled *Daughters, Dads and the Path of Grieving: Tales from Italian America*, to be released in July 2013 by Impact Publishing, Inc.



***Spirituality and Religion in the Experiences of Italian American Daughters Grieving for Their Fathers*** (Abstract): Based on the importance of religion and spirituality in Italian American culture, in this paper we examine the Italian American father-daughter relationship, focusing on the ways in which the daughters grieved after their fathers' deaths, and in particular on how religion and/or spirituality were or were not part of that process. Interviews were conducted with 52 Italian American women ranging in age from 33 to 86, from a variety of educational backgrounds and occupational groups. Women were asked if there was a particular belief system that they held and how that affected their experience. Overall, it appears that a connection to either religion or spirituality was important to the majority of the women in this study, particularly so when their fathers were dying or had died. These experiences fit within the range of religious and spiritual experiences described by writers on psychology and religion, and particularly reminds us of their role in both times of crisis and in everyday life (Pargament, 2007).

***Art, Identity, and Culture in Italian American Women*** (Abstract): Identity, art, and cultural background can be intricately related, as an artist might use his or her art to understand, respond to, and address issues of identity that are related to his or her culture. This may be especially true for immigrants, whose cultural background may differ in meaningful ways from the majority culture, and whose experience may include elements of estrangement from and oppression by the already established culture. For such individuals, issues of identity and how identity interacts with cultural components may be important for them in understanding themselves and seeking to live lives of integrity in the United States. In this symposium, we examine the works of established Italian American women artists, including a novelist, Helen Barolini; a visual artist, B. Amore; and poets Daniela Goseffi and Sylvia Forges Ryan, who have forged identities inclusive of what it means to be Italian in America. These women were participants in a research project on Italian American women and their relationship with their fathers in life and in death, which was conducted by the presenters of this symposium.

### ***Symposium Focuses on the Rise of U.S. Ethnic Psychology Associations***

Why is there an increase in U.S. Ethnic Psychology Associations? What is their role U.S. psychology? In an effort to address such concerns, IAPA member Harold Takooshian (photo on left) is the chair of a symposium at the 2013 APA meeting titled *U.S. Ethnic Psychology Associations: Origins, Growth, Future Directions*. This first-ever symposium will review the origins, growth, and future plans of four such U.S. Ethnic Psychology Associations (EPAs): Greeks, Italians, Armenian, and Iranians.



As part of this symposium, IAPA President Bernardo J. Carducci will discuss some of the principal objectives and activities of the IAPA in a presentation titled *Italian-American Psychology Assembly: The First Decade of IAPA* (Abstract): The Italian American Psychology Assembly (IAPA) is a professional organization of psychologists and other educators founded in 2005 Dr. Elizabeth Messina and Dr. Anthony J. Marsella that seeks to: develop a resource network that links

Italian American and Italian psychologists; foster cooperative teaching and research on Italian and Italian American culture and behavior; learn more about Italian and Italian American history, culture, and society; promote an understanding of Italian and Italian American culture and behavior; and recognize and honor distinguished Italian American and Italian psychologists. Activities of the IAPA include publishing the *IAPA Bulletin* (the organization's newsletter), hosting an annual pre-APA conference dinner and social gathering, organizing and

promoting programming reflecting the IAPA's mission and its members at state, national, and international conferences, and collaborating with other professional organizations both in the U.S.A. (e.g., APA's Division 52: International Psychology and Psi Chi, the International Honor Society in Psychology) and in Italy (e.g., Italian Federation of Scientific Societies of Psychology [*Federazione Italiana Societa Scientifiche di Psicologia*]).

### ***Presentation Discusses Efforts to Establish First Psi Chi Chapter in Italy***

Bernardo J. Carducci will be a presenter as part of a symposium organized by Mercedes A. McCormick, Ph.D., 2013 APA Div. 52 President and 2011-2013 Eastern Region VP Psi Chi, titled *Building Bridges between Division 52 and Psi Chi to Promote Student Excellence and Leadership*. This symposium will feature professional leaders from Psi Chi: International Honor Society in Psychology and APA Division 52: International Psychology and discuss important considerations regarding how organizations can enhance student leadership and excellence through the establishment of Psi Chi chapters at universities throughout the world. As part of his presentation, Carducci will discuss his collaborative efforts to help establish the first Psi Chi chapter at an Italian university. Co-authors on this presentation include IAPA members Laura Nota, Ph.D., and Agnese Pietrobon, M.A. University of Padua, Padua, Italy, and Tiffany Rose Milana Strobe, B.A. Minnesota School of Professional Psychology at Argosy University. The title of this presentation is ***Thinking Globally, Acting Locally: Building Bridges Italian Style*** (Abstract): "Rome wasn't built in a day." In support of this proverb, this presentation will include a discussion of the sustained efforts associated with an attempt to establish the first Psi Chi Chapter in Italy. In an attempt to establish this inaugural chapter, some of the topics to be discussed include how travel abroad to professional conferences can serve as networking opportunities to introduce Psi Chi to others during informal social gatherings, the role of collaborative activities to stimulate cross-cultural connectedness with faculty members, and the need to integrate students into the process as facilitators.



### ***Poster Presentation Examines Shyness in U.S. and Italian College Students***

Bernardo Carducci is a co-author of a poster presentation titled ***Comparing What Shy Italian and American Students Do to Deal with Their Shyness*** (Abstract): Based on previous research examining the self-selected strategies used by shy individuals to deal with their shyness (cf. Carducci, 2009), this study compared the self-selected strategies used by a shy Italian (SI) and American (SA) students to deal with their shyness. The pattern of results indicated that self-selected strategies characterized by a greater degree of intradependency, such as "Self-Induced Extraversion" (e.g., go out to meet/talk to people) and "Self-Induced Cognitive Modification" (e.g., change the way I think about myself) were used more by the IS than the AS. In contrast, self-selected strategies characterized by a greater degree of the interdependency, such as "Self-help Books/Seminars" (e.g., read self-help books; attend shyness/self-esteem workshops), "Professional Help/Therapy" (e.g., group/individual therapy), and "Social Affiliation" (e.g., joined professional organizations; joined dating service) were used more by the SA than the SI.

### ***Call for Listing of IAPA Members Participating in the 2013 APA Convention Program***

If there are other IAPA members who are listed as participants in the 2013 APA Convention Program, please provide a complete summary of the details of your participation, including the nature of the participation (e.g., poster, symposium presentation, invited address), names of all the participants, complete title, date, time, location, and sponsoring division. When E-mailing your participation information, please include the phrase "2013 APA Convention Participation" in the subject line. It is also important that you E-mail this information only to Bernardo J. Carducci at [bcarducc@ius.edu](mailto:bcarducc@ius.edu), not the entire IAPA listserv by inadvertently pressing "Reply All." As has been done in the past, a summary of the participation by IAPA members on the 2013 APA Convention Program will be sent to all IAPA members prior to the convention.



## ***IAPA Represented at the 2013 Eastern Psychological Association (EPA) Meeting***



IAPA member Philip Zimbardo (center) is welcomed back to NYC during the 2013 EPA meeting by IAPA member Anthony Scioli, (left), Fordham University student Joseph Giardino and Pace University student Sally Capanzano.



At the Marriott Marquis Hotel on March 3, 2013, IAPA member Philip Zimbardo delivered the international keynote to 700 attendees as part of three days of international programs sponsored by APA's Div. 52: International Psychology at the 2013 EPA meeting.

### ***2013 EPA Celebrates NYC Homecoming for Zimbardo***

A special feature of the 2013 EPA meeting held in NYC was the NYC homecoming of IAPA member Philip Zimbardo. Some of the highlights of the three-day homecoming included:

- Saturday, March 2nd: Zimbardo being honored at the gala international reception in the Fordham rooftop lounge;
- Sunday, March 3rd: Zimbardo's EPA International keynote address for 700 people in the Marriott Marquis Hotel;
- Monday, March 4th: His homecoming at Fordham-Bronx for his public address and 80th birthday celebration.

In addition to these photographs, Harold Takoosian prepared a more detailed report of this historic three-day celebration titled *Zimbardo Inspires "Heroism" at Fordham*. This report, which is presented below, includes links to Zimbardo's Fordham address, and several images at [picasaweb.com/takoosh](http://picasaweb.com/takoosh). The IAPA is especially grateful for Harold's willingness to share this report.

### ***Zimbardo Homecoming Inspires "Heroism" at Fordham***

On March 4, 2013, over 200 students and professors overflowed the spacious Flom Auditorium of Fordham University, to hear scientist Philip Zimbardo of Stanford University offer a historic public address on "The heroic imagination." Zimbardo asked "How can we inspire our students for heroic actions?" and offered his new global project: [www.heroicimagination.org](http://www.heroicimagination.org)—as one answer, based on his 50 years of research and teaching.

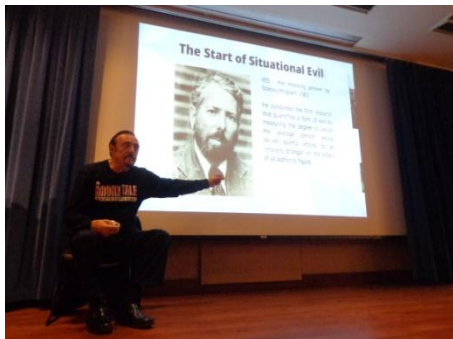
In his passionate 90-minute address, Zimbardo offered an illustrated tour of his 50-year career: (a) How each of us has the capacity for great goodness or great evil, (b) How his early years in the South Bronx environment shaped him to see the importance of "situations" in our choice of evil and good paths. (c) How he and his classmate Stanley Milgram at James Monroe High School both went on to study the dark side of human nature in two infamous psychology experiments—Milgram's Yale experiments on "obedience to authority," and Zimbardo's "Stanford Prison Experiment" on dehumanization of normal students in an abnormal situation. (d) How even in these dark experiments, there were heroes who resisted situational pressures. (e) How heroism is barely studied by scientists today. (f) How he now launched his research-based Heroic Imagination Project (HIP) to promote the choice of heroism over evil. Zimbardo's lecture was replete with examples of specific heroes, and how and why they chose to



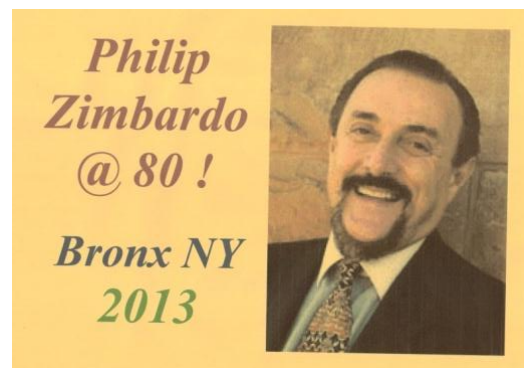
behave heroically—like NYC subway hero Wesley Autrey, who dove on to the tracks to save the life of a fallen traveler. Zimbardo invited students to join his global HIP.

This public forum was Zimbardo's "homecoming" to his Bronx roots. It ended with a joyous celebration of Zimbardo's 80th birthday, sharing a huge birthday cake, an hour of one-on-one meetings with students and colleagues, and supper at Giovanni's in Little Italy.

This public forum was sponsored by the Fordham Psychology Department, Center for Teaching Excellence, and APA Divisions of Social Issues and International Psychology. In Zimbardo's honor, Bronx Borough President Ruben Diaz Jr, issued a Proclamation declaring March 4 as "Science Education Day" in the Bronx. A digital recording Zimbardo's address will appear at <http://digital.library.fordham.edu/cdm/ref/collection/psych/id/12> . A report appears at [www.fordham.edu/Campus\\_Resources/eNewsroom/topstories\\_2731.asp](http://www.fordham.edu/Campus_Resources/eNewsroom/topstories_2731.asp) Images appear at [picasaweb.com/takoosh](http://picasaweb.com/takoosh) For any details on this forum, contact its organizer, Professor Harold Takooshian, [takoosh@aol.com](mailto:takoosh@aol.com)



Students from Psi Chi Chapter 800 at Penn State Harrisburg pose with guest speaker Dr. Philip G. Zimbardo. First row: Community Psychology and Social Change Graduate students Whitney Smith, left, and Ashley Williams, right; Top row: Jean Reading, Applied Psychological Research graduate student; and Kendell Scioletti, Junior Psychology Major.



### ***Zimbardo Celebrates 80th Birthday as Part of Homecoming***



As part of his “Welcome Back to NYC,” an international reception was held in his honor in the elegant Fordham University rooftop lounge on March 2, 2013. The reception included Italian-American students Joseph Giardino (Fordham University) and Jonathan Palumbo (Saint Francis College), presenting Zimbardo with a cake to celebrate his 80th birthday as the participants give a thumbs-up.



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## *On the International Scene*

### *IAPA Members to Make Presentations at International Conference in Padova*



UNIVERSITÀ  
DEGLI STUDI  
DI PADOVA

**International Conference  
LIFE DESIGN & CAREER COUNSELING:  
Building Hope and Resilience  
20-23 June 2013    Padova, Italy**

The IAPA will be well represented at the Life Design and Career Counseling International Conference to be held in Padova, Italy on June 20-23, 2013. IAPA member Luciano L'Abate has been invited to deliver the plenary address at the conference while IAPA members Carmela Sansone, Mercedes A. McCormick, and Bernardo J. Carducci will be presenting papers at the conference. Presented below are the titles and abstracts of these presentations. More information about the Life Design and Career Conference can be found at:

<http://larios.psy.unipd.it/conference2013/pages/zen-index.php.esi>.

Luciano's plenary address is titled *The Future is Now: Online Interventions are Here to Stay and Grow*



(Abstract): The growth of online interventions is inevitable and the sooner counselors understand the need to change, the better. From an ears-mouth auditory-verbal culture we are now changing to an eyes-fingers, visual-digital culture. Whether we like it or not, counselors will have to learn to work through remote writing and homework assignments, at a distance from participants, without ever seeing them face-to-face or talking with them. The challenge of the future lies in whether counselors want to continue practicing as artists, without any internal or external controls, or whether they want to change to practice as professionals, using replicable uniform standard operating procedures in evaluation and in practice.

Carmela's presentation is titled *Seeds of Tolerance: An Early Childhood Education Syllabus Aimed at Building a Brighter Future for Succeeding Generations*



(Abstract): Seeds of Tolerance is an educational program which combines the traditional early childhood syllabus with an emotional and social literacy curriculum with an emphasis on teaching justice and acceptance of diversity. The uniqueness of this course is that it captures the prescribed areas of child development and fits them into lessons which promote the distinctiveness of each individual and enables children to identify and express their emotions; develop positive relationships; problem-solve; control anger and unwanted impulses, understand the concepts of fairness and cooperation; define prejudice; and avert bullying. It is an all-inclusive program to develop a new generation of children who no longer define others by their race, ethnicity, creed, or

sexual orientation while safeguarding values such as tolerance, justice, and peace. A kindergarten (5-6 year olds) class and a preschool (3-4 year olds) class from the Hanover School in Brooklyn, NY were part of a twelve-week pilot program. Pretest and post measures were administered to assess their awareness of similarities and differences, preferences, inclusiveness, empathy and attitudes towards race. In an analysis of the preliminary data, the kindergarten children showed noteworthy improvement in the areas of inclusiveness, empathy, and attitudes towards race. For the younger children, these concepts were more difficult to comprehend and their progress was less impressive. However, the seeds have been planted and hopefully will flower as these children mature. Based on the merits of this program and the initial data, CURE (Community Understanding for Racial and Ethnic Equality), a nonprofit organization in Brooklyn, is reviewing a proposal to open a kindergarten class in that borough based on The Seeds of Tolerance Syllabus.

Mercedes's presentation is titled *Building Hope and Resilience in Students to Pursue a Career in International Psychology*



(Abstract): The purpose of this presentation is to illuminate the positive psychology concepts of hope and resilience in relationship to students' motivation to pursue a career in International Psychology. A dialogue with participants about hope and resilience in regard to student achievement and barriers will be presented. Small groups will be formed according to the number of session participants to discuss how to enhance student motivation for future psychology career advancement. Faculty participants and students will learn about joining the Padua Psi Chi Chapter to become a member of Psi Chi: International Honor Society in Psychology (Padua Chapter application in progress as of

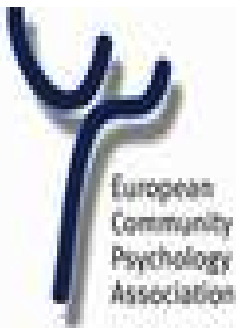
01/23/2013).

Bernardo's presentation is titled *Developing and Evaluating a Five-Week Skills-Based Career-Planning Course for Psychology Majors Featuring "The Big Three Skills" Set* (Abstract): This five-week career-planning course



for undergraduate psychology majors provides a skills-based focus to help students formulate strategies for acquiring the necessary knowledge, experiences, and skills to facilitate the university-to-career transition. The course content focuses on the acquisition and utilization of "The Big Three Skills" set (i.e., analytical, communication, and intrapersonal skills) as the basis of career planning and preparation for psychology majors. Week 1 addresses the discrepancy between student perceptions of career preparedness and employment and post-graduate opportunities for psychology majors. Week 2 highlights the value and breadth of the skills (i.e., The Big Three Skills set) acquired during undergraduate psychology coursework for career planning and preparation. Week 3 focuses on identifying resources within the psychology department, within other departments and offices on campus, and in the community for acquiring The Big Three Skills set. Week 4 focuses on utilizing the Campus Career Center and other online career websites for identifying employment or postgraduate educational opportunities and resources consistent with each student's career objective. Week 5 features students preparing a "Career-Planning Timeline." This timeline requires students to outline what actions they need to take (e.g., acquire research experience; enroll in science and communication courses; seek leadership opportunities) and when during their course of study they plan to take these actions in order to achieve their career objectives. In an effort to develop communications skills, each weekly assignment also requires the students to make a brief presentation in front of the class. Student evaluations of the course are highly favorable.

### ***9th European Congress of Community Psychology—Naples: November 7-9, 2103***



**Beyond the Crisis:  
*Building Community and critical visions  
to achieve justice, fairness and well-being.***

The 9th European Congress of Community Psychology (9<sup>th</sup> ECCP) will be held in Naples on November, 7-9, 2013. The event is organized by the European Community Psychology Association (ECPA), the INCOPARDE LAB of University Federico II, in collaboration with the *Fondazione Mediterraneo* and the *Società Italiana di Psicologia di Comunità* (SIPCO). The 9th Congress will take place in Naples at the *Fondazione Mediterraneo*– Via De Pretis 133. The website for the 9th ECCP is: <http://www.9eccp2013.org/>.

For more information, contact:

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## *IAPA Members Offer Advice to Students and Professionals*

### *IAPA's Harold Takooshian offers Advice to Undergraduates on the Value of Co-curricular Activities*

As part of a two-hour forum focusing on what students can do to be more competitive when applying to graduate school and planning their career, IAPA member Harold Takooshian offered the following pieces of advice on the value of co-curricular activities. A summary of some of the highlights of Harold's remarks is presented below.



♦**What are Co-curricular Activities?:** Co-curricular activities are defined as "students' activities outside the classroom that complement their in-class coursework"—such as clubs, conferences, workshops.

♦**The Value of Co-curricular Activities:** Sadly, some hard-working college students focus entirely on their coursework in order to succeed, and view non-course activities as a distraction to be minimized. This is sad for at least two evidence-based reasons: (1) Classic research by social psychologist Theodore Newcombe (1967) found that most learning in college occurs outside the classroom, which can actually

benefit in-class learning—since the college years are a time of exploration. (2) I-O psychologists' longitudinal study of corporate job performance found that a manager's co-curricular activity in college was a strong predictor of future career success (Howard & Bray, 1988).

♦**What Students Can Do to be More Competitive:** As part of his presentation, Takooshian offered seven points of advice to college students who seek a career in any competitive field, including psychology.

(1) **Club.** If time permits, join at least one student club that relates to your career.

(2) **Honor society.** If feasible, try to enroll in an honor society, like Psi Chi for psychology.

(3) **Conference.** Attend at least one local psychology conference, as a listener if not a speaker.

(4) **Publication.** If you are doing research, put in extra effort with your professor to publish it while still a student.

There are many journals specifically designed to publish student research—inside Fordham (Fordham Undergraduate Research Journal, [www.fordham.edu/fcrh/furj](http://www.fordham.edu/fcrh/furj)) as well as nationally (<http://www.psichi.org/pubs/journal/issue135.aspx>).

(5) **Cards.** Even in this internet age, it is useful to print a business card while still a student, to distribute at conferences and elsewhere. Besides your contacts (name/ email/ website), include other useful items (such as languages, computer skills, any specialty, career objective).

(6) **Associations.** Join at least one professional association while still a student, to enter the "pipeline" early in your career. Most associations welcome student affiliates at sharply discounted rates—including SPSSI, APA, and its Division One.

(7) **International.** In this global age, consider one semester of study abroad, for invaluable cross-cultural experience.

Harold's remarks were based on a presentation included as part of a forum sponsored by Psi Chi and Fordham University titled "How Can Students Best Prepare for Psychology Graduate Schools and Careers?" organized by Sally Capanzano, Psi Chi President, Pace University, and Harold Takooshian, Ph.D., Fordham University.

### *IAPA's Pierangelo Sardi Encourages Psychological Interventions for Dealing with Italy's Productivity Problems*

Until 1970s/1980s the growth in our Italian productivity was among the fastest in the world. Now Bill Ammott, former director of *The Economist*, pictures his beloved Italy as his *Girlfriend in a Coma*. The sudden fall in that growth started in the early 1990s and has not resumed. In the first decade of the new millennium only Haiti and Zimbabwe grew less than Italy, out of the 180 economies monitored by the International Monetary Fund. That sudden reversal happened while a) the European Union commenced its monetary integration; b) some important technologies improved general productivity; c) the World Trade Organization liberalized international competition. Why then did Italy not profit from these three opportunities, which were well used by so many other countries? Politicians and economists usually propose



analyses that are applicable to earlier Italian structures—old handicaps that were not impeding the previous steady growth. It is unlikely that Italy suffered from the 1995 General Agreement on Trade and Services (event c): its exports were not reduced, despite a national reduction in working capacity. My frequent contacts with foreign colleagues led me to consider important peculiarities in the way Italian people interpreted monetary integration (event a), and the way Italy refused the offer of important technological opportunities (event b): these two Italian behaviors appear quite different from those of other populations towards the same matters. The Italian response could be seen as irrational, deserving a psychological analysis.

As psychologists, we could follow the example of many colleagues who dared to attempt similar tasks. APA owes much of its prestige to the capacity of our predecessors to rapidly offer the services of a civil society to the military during the early phases of wider wars. Daniel Kahneman has showed us another way to obtain relevant recognition with his studies on some irrational economic choices of individuals. We could try to study similar irrational choices of an entire population.

Only psychologists, by implementing psychological interventions, can justify reasonable optimism about the recovery of the Italian working capacity—as our professional antecedents were able to repair impaired intimate relationships a century ago. It was then a wider task, to be extended to the entire Western world. Italy's case is more limited and fortunately much easier to address, thanks to the possibility of external perspectives. We can exchange these opinions in our international associations, like IAPA, and in our international Congresses like the next European Congress of Psychology that the European Federation of Psychologists' Associations agreed should be hosted in Milan on July 7-10, 2015. More information about the 14th European Congress of Psychology can be found at [www.ecp2015.it](http://www.ecp2015.it).

Dr. Pierangelo Sardi is a founding member of the Association of Italian Psychologists in the World, a member of the IAPA, and a member of the Local Organizing Committee and webmaster for the 14th European Congress of Psychology to be held in Milan on July 7-10, 2015. You may be contacted Pierangelo by Email at [pierangelo.sardi@multiwire.net](mailto:pierangelo.sardi@multiwire.net).

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### ***IAPA Membership Application—Help Spread the Word***

Presented on the next page is an application for membership in the IAPA. Please feel free to forward the application and this copy of the *IAPA Bulletin* to those individuals you feel might be interested in becoming a member of the IAPA. If you are a member of other professional or community organizations, please feel free to forward this information for possible listing in other newsletters and listservs.



### **Italian American Psychology Assembly Membership Application**

Dear Prospective IAPA Member:

According to our mission statement, the Italian American Psychology Assembly (IAPA) is a professional organization of psychologists and other educators founded in 2005 that seeks to:

- develop a resource network that links Italian American and Italian psychologists;
- foster cooperative teaching and research on Italian and Italian American culture and behavior;
- learn more about Italian and Italian American history, culture, and society;
- promote an understanding of Italian and Italian American culture and behavior;
- recognize and honor distinguished Italian American and Italian psychologists.



If you would like to be included in the IAPA member registry and receive the IAPA newsletter and announcements of upcoming events, please download this form and save it as:  
*your name\_IAPA membership application* as the title; complete the information in the form below and E-mail it to:  
[bcarducc@ius.edu](mailto:bcarducc@ius.edu).

Best regards,  
Bernardo J. Carducci, Ph.D.  
President, 2012-2013

### IAPA Membership Profile

Name:

Degree/  
Title

Institutional Affiliation:

Postal Address:

Street Address:  
City:  
State/Province:  
Country:  
Zip Code:

E-mail:

Phone:

Area(s)/Topic(s) of Interest in Psychology:

