

European Doctoral Programme
in Career Guidance and Counselling

ECADOC



***Joint research projects:
Ideas, actions,
collaborations***

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**Larios
Laboratory**



UNIVERSITÀ
DEGLI STUDI
DI PADOVA

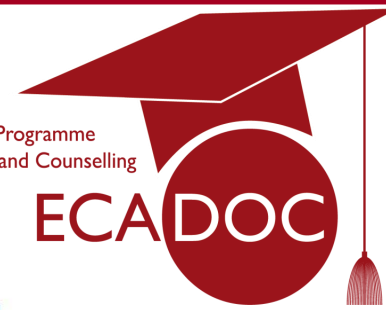
CGC in 21^o century



- ❑ Engaging in research and development activities
- ❑ Supporting people to become experts in co-construction and life design processes
- ❑ Promoting Innovation
- ❑ Enhancing social and work inclusion of at-risk individuals

European Doctoral Programme in Career Guidance and Counselling

European Doctoral Programme
in Career Guidance and Counselling



- ❑ to set up a sustainable **European Doctoral Program** (EDP) specialized on career guidance and counselling
- ❑ to offer highly promising graduates of European higher education institutions (HEI) the opportunity of becoming the **spearhead of CGC-related research and higher education** in Europe



Lifelong
Learning
Programme

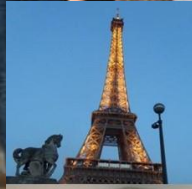


EUROPEAN SOCIETY FOR VOCATIONAL
DESIGNING AND CAREER COUNSELLING





ECADOC First Summer School
September 15th-20th



Second Summer School
Paris, 29th June - 4th July 2015

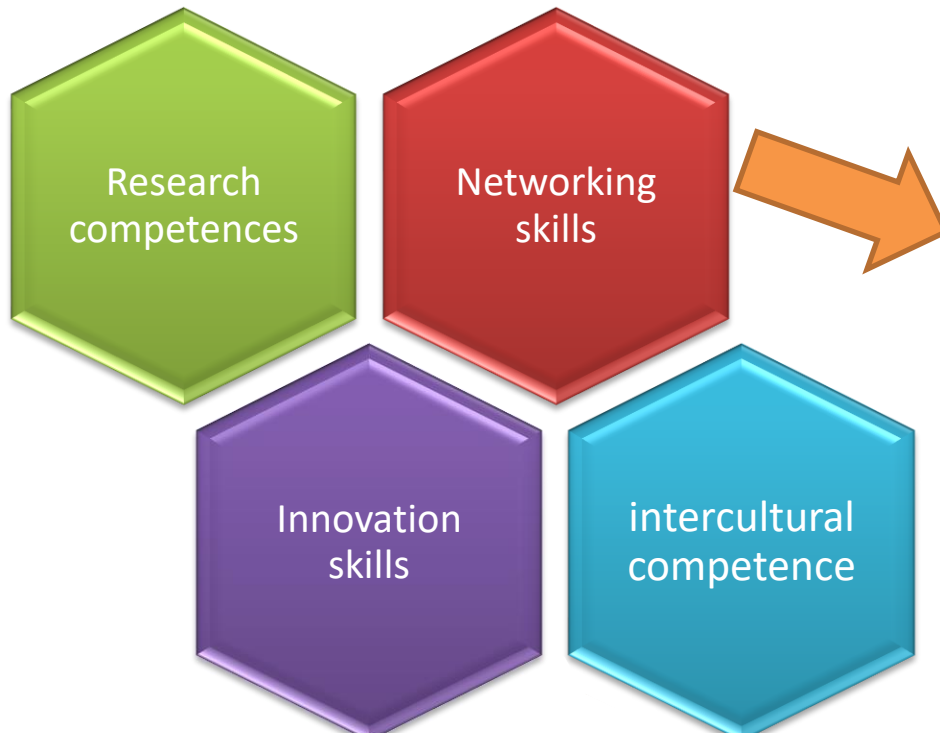


Third Summer School
Lausanne, Switzerland
5-10 September, 2016

Central Objectives of the Summer Schools

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- Impact on children, young, adults, vulnerable individuals, which will be supported most strongly
- Impact on participants' health and work outcomes (Hammond, 2004)

Globalization and internationalization of career counselling and guidance practices

To provide significant and incisive contributions to challenges of our time

European policies and scholars encourage international networking (Bengtsson, 2015; Sampson, Watts, Palmer, & Hughes, 2000; Savickas, Van Esbroeck, & Herr, 2005).


Objectives of the Summer Schools



Interactive methodological trainings



Theme of Innovation



Reflective practice (Easterby-Smith & Malina, 1999;
Sovet & Atitsogbe, 2015)

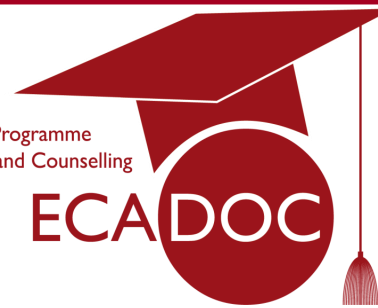
Diversity management



- ❑ Heterogeneous groups develop more and higher quality **solutions to problems** than homogeneous groups
- ❑ when brainstorming, heterogeneous groups produced higher **quality ideas** than groups composed of homogeneous members
- ❑ Organizations with a growth strategy were **more successful** when workers had diverse backgrounds
- ❑ Offering participants **multiple perspectives** on an issue, stimulating strategies that seek to deconstruct binary (black-and-white) thinking by imposing “counter-narratives”

Joint projects

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Joint project: "Career Adaptability, Hope, Optimism and Life Satisfaction in Italian and Swiss adolescents"



Jenny Marcionetty
University of Lausanne



Shékina Rochat
University of Lausanne

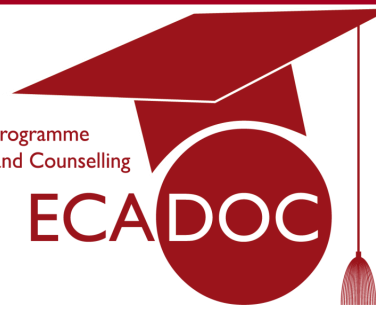


Sara Santilli
University of Padova

The project "Career Adaptability, Hope, Optimism and Life Satisfaction in Italian and Swiss adolescents" started in 2012 and involve today three PhD students, Jenny Marcionetti, Shékina Rochat and Sara Santilli, and their thesis supervisors from the Universities of Lausanne and Padova, Professors Laura Nota and Jérôme Rossier. The aim of the research is to study adolescents' hope, optimism, resilience, temporal perspective, career adaptabilities and life satisfaction, using the instruments created and/or validated in Italian by the International Hope Research Team (Pro.Spera: Soresi, Ferrari, Nota, & Sgaramella, 2012; Design my Future: Soresi, Nota, Ferrari, & Sgaramella, 2012 ; CAI: Savickas, Soresi, Nota, & Ferrari, 2012), an international research and study group on hope, optimism and resilience started on September 2011 in Padova, during the International Conference "Vocational designing and career counseling: Challenges and new horizons". The scales were submitted to 537 Swiss students (250 boys and 287 girls: Mean age= 14,19; SD= 1,72) and to 727 Italian students (372 boys and 355 girls: Mean age= 14.09 SD= 1.49).

Joint projects

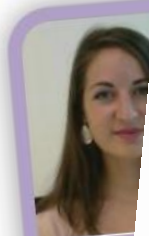
European Doctoral Programme
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Joint project: "Career Adaptability, Hope, and Happiness in Italian and Swiss adolescents"



Jenny Marcionetty
University of Lausanne



Shékina Rochat
University of Padua

Joint project: "Career Adaptability and Happiness in Belgium, Italian and South African middle school students"



Silke Grossen
Catholic University
of Leuven



Sara Santilli
University of Padova



Iris Oliveira
University of Minho

The project "Career Adaptability, Hope, and Happiness in Italian and Swiss adolescents" started in 2012 and involves Jenny Marcionetty, PhD student at the University of Lausanne and Padova, Professors Laura Nota and Sara Santilli, and the International Hope Research Team (P. Ferrari, 2012), an international research team focused on designing and career counseling: Chiara Santilli (250 boys and 250 girls) and Meike Grolle (372 boys and 355 girls): Meike Grolle

The joint project "Career Adaptability and Happiness" is a collaboration between Silke Grossen, PhD at the Catholic University of Leuven, and Sara Santilli, PhD student at the University of Padova. The project was born during the first summer school "European Doctoral Programme in Career Guidance and Counseling", held in Padova in September 2014. During this education experience Silke Grossen and Sara Santilli had the opportunity to share their research projects and to plan future collaboration, given the importance to create an international network of "young" researchers. The project "Career Adaptability and Happiness in Belgium, Italian and South African middle school students" will be carried out within the theoretical framework of Life Design. It emphasizes the need to support people to become experts in co-construction and life design processes. It helps people to anticipate and deal with career transitions, and to create hope for a foreseeable future. It is useful for individual's future planning and behavior, and for their career adaptability, which is an essential resource for workers in the modern to manage frequent career, life transitions, and future challenges. In a second phase of the project, minority groups will be included.

Joint projects

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Joint project: "Career Adaptability, Hope, Optimism and Life Satisfaction in Italian and Swiss Adolescents"



Jenny Marcionetty
University of Lausanne



Shékina Rochat
University of Padova

The project "Career Adaptability, Hope, Optimism and Life Satisfaction in Italian and Swiss Adolescents" started in 2012 and involves Jenny Marcionetty, University of Lausanne and Padova, Professors Laura P. Santilli, University of Padova and Sara Santilli, University of Padova and Sara Santilli, University of Padova. The project aims to study adolescents' hope, optimism, resilience and life satisfaction, using the Instrument for Career and Life Design my Future: Soresi, Nota, Ferrari (Ferrari, 2012), an international research project coordinated by Chiara Annovazzi, University of Padova started on September 2011 in Padova. The project involves designing and career counseling: Chiara Annovazzi, University of Padova to 537 Swiss students (250 boys and 287 girls) and 537 Italian students (372 boys and 355 girls): Me

The joint project at the project and Chiara Annovazzi and Sara Santilli given to the project student to support individual resource In a second

Joint project: "Career Adaptability, Hope, Optimism and Life Satisfaction in Italian and Swiss Adolescents"

Project

Courage and Life Design Project, European Doctoral Programme in Career Guidance and Counseling (ECADOC) Research Group

- Andronikos Kaliris
- Maria Cristina Ginevra
- Laurent Sovet
- Ernesto Lodi
- Chiara Annovazzi

Institutions: National and Kapodistrian University of Athens, Università degli Studi di Milano-Bicocca, Conservatoire National des Arts et Métiers

Description: In collaboration with European doctoral and post-doctoral researchers a cross-national research was conducted in France, Greece and Italy. The research project is coordinated by Dr. Maria Cristina Ginevra, Post-doctoral researcher at University of Padua and University of Milano-Bicocca, Italy. The aim of the survey was to investigate the connections of positive psychological resources such as courage, hope, optimism, career adaptability and psychological well-being to career decision-making difficulties in Greek, French and Italian adolescents of 10th, 11th and 12th Grade and detect possible differences among national groups in the above constructs.

The project was launched under the framework of ECADOC project http://larios.psy.unipd.it/ecadoc/?page_id=29 which is jointly coordinated by the European Society for Vocational Designing and Counseling and the Network for Innovation in Career Guidance and Counselling in Europe (NICE). Several universities and laboratories all around Europe participate in this venture.

We hope these projects flourish!

Thank you

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